



ZUMBA[®]
fitness

Join Us For

“Moving In the Spirit”

Saturday, September 30, 2017

10:00 – 11:00 a.m.

**Saint Paul AME Worship
Center Fellowship Hall**

Don't forget to bring your towel, water,
and Fitbit / Step Counter

Sponsored by: Well Care and
SPWC Stewardess and Ushers



Women, Men, Boys and Girls are Welcome - Free Admission

To RSVP Contact - Joyce Reid @ 404-358-8366

or Pansy Hickey @ 404-993-2931 by September 15, 2017

1704 S. Stone Mountain-Lithonia Road / Lithonia, GA 30058